### DEPARTMENT OF PSYCHOLOGY

#### COURSE OUTCOME OF PSYCHOLOGY TEACHING AT UG WILL BE

UPON SUCCESSFUL COMPLETION OF THIS COURSE STUDENTS WILL ABLE TO LEARN

- 1) Basic psychological process like physiological basis of behaviour, with an overview of nervous system, emotion and theories of emotions, personality, intelligence and motivation and various cognitive processes.
- 2) They will be acquainted with all Psychological disorders and bases of psychopathology as well as their treatment outcomes up to the level of first year only.
- 3) Social psychology will increase the knowledge about all kinds of social behaviour including pro social, altruism and helping behaviour, they may have a knowledge of prejudice and stereotypes prevailing in the society, various other concepts like attitude its measurement, various burning issues like aggression poverty, gender issues for 2nd year students
- 4) It will increase the knowledge about assessment and its techniques, process of test construction, test standardization, knowledge about reliability validity and norms among 2nd year students as well.
- 5) Enhancing the capability of increasing developmental perspectives through various stages across lifespan development among students with a view to have a perspective of physiological, lingual, emotional and intellectual development in different developmental stages.
- 6) Making final year students to learn various statistical methods used in psychology.

Practical classes develop among students' learn administration of different psychometric test and experiments thus developing an applied ability towards students.

# Course outcome of psychology teaching at PG will be;

The MA psychology program divided into 4 semesters.

#### Semester 1

Upon successful completion of this course, students will be able to learn in

Paper 1: Basic Psychological Processes (Part 1)

Enhance knowledge in the field of psychophysics, signal detection theory. Various perceptual and attention processes. It made to learn basic motivational concepts and theoretical framework, process and theories of emotion and emotional intelligence.

Paper 2 Social Psychology (part 1)

## Upon successful completion of this course student will able to learn

The student will be able to learn all theoretical perspectives of social psychology, social cognition and person perception, social influence processes, attitude and theories of attitude change prosocial behaviour and theories of aggression and management of aggression, as well as violence.

Paper 3 Basic research methodology

## Upon successful completion of this course student will able to learn

All research methodology up to perusing Ph.D. and other research work ill be learned thoroughly.

Paper 4 Psychopathology

## Upon successful completion of this course student will able to learn

All the concepts of psychopathology their causes and treatment.

In practical classes students perform experiments and oberve behaviour in laboratory conditions along with field study .

#### Semester 2

# Upon successful completion of this course students will able to learn in

Paper 1 Basic psychological process part 2 includes

In continuation f first semester the knowledge will be enhanced in this area.

Paper 2 Group processes and cultural psychology includes the knowledge of

This portion will make a student to acquire advanced knowledge in the field of social psychology like intergroup relations, leadership, various social issues like poverty, gender, population unemployment, culture and behaviour related issues.

Paper 3 Advanced research methodology includes the knowledge of

This portion is in depth and will make students to learn various advanced methods in research methodology.

Paper 4 Physiological psychology and health behaviour includes the knowledge of

This area of curriculum will make a student to acquire an idea about methods of physiological psychology, vision and audition process and human nervous system, sleep ,waking and endocrine system, different approaches to therapy.

In practical classes will help students to perform tests of personality, mental health, intelligence motivation and stress and one field work.,

#### Semester 3

According to curricular framework of this semester there 2 are compulsory papers and 2 are optional papers from any of the two groups i.e. Clinical psychology (Group C) and Educational and instructional psychology (Group B).

Upon successful completion of this course, students will be able to learn in compulsory paper

Paper IPersonality and indigenous psychology-1(compulsory)

This paper will make a student prosperous in understanding of personality

Paper 2 Psychological assessment (compulsory)

This paper will give a broader in depth expertise to the student in the field of psychological assessment, Scaling, questionnaire, Psychometric test and projective test, construction

of a psychological test

Paper 3 Cognitive psychology(compulsory)

This paper will develop insight about the cognitive functions in an individual. Students will be able to learn and develop problem solving ability and attitude with implication of reasoning and logic

OPTIONAL (Group B)

Upon successful completion of this this course, student will able to learn

Paper 4 (optional group-B) educational and instructional psychology-1

Getting acquainted with conceptual and theoretical perspectives in educational psychology.

# OPTIONAL (Group C)

Paper -4(optional group-C) Clinical diagnosis-

Diagnosis of psychological disease naturally help in dealing with clients as well identification of diseases.

#### **SEMESTER 4**

## Paper 1 (compulsory)

## Upon successful completion of this this course, student will able to learn

In paper ILifespan development

This part will give knowledge in to introduction and theories of development, , research methods and ethical issues,

## Paper- 2 (compulsory)

In paper II Psychological assessment

Other aspects of assessment and measurement will be covered and this part will elaborate knowledge in further measurement of various psychological concepts.

Paper 3 Psychologyof cognitive abilities(compulsory)

The student will learn about the types of intelligence specially artificial intelligence and human abilities.

# Group -B (optional)

Paper- 4(optional group-B) Basics of psychological guidance and counselling

This paper will develop knowledge of basics of guidance, techniques of appraising the clients, standardized psychometric test, guidance program in different organisations, special areas of guidance

# Group -C (optional)

Paper -4(optional group-C) Psychotherapeutic counselling includes the knowledge of

Maintaining mental health with the help of administration of various techniques of psychotherapy counselling.

In practical classes students perform experiments and learn practical aspects of human behaviour.

Practicum

The student will acquire practical knowledge on the applications of psychometric test and scientific experiments in real life positions through field studies and projects in all the 4 semesters.

# Course outcome of psychology teaching at Post graduation diploma in psychological guidance and counselling will be;

The PGC is a one year program divided into 2 theory papers and two practicum

In the present scenario stress anxiety and conflicts are common, adolescent suicides have increased and adolescents In the present are addicted to various kinds of games as well, societal patterns are changing, in such a condition a course on counselling will give society trained and well versed counsellors.

NAAC peer team In their last visit advised to introduce such courses.

### Upon successful completion of this course, students will be able to learn in

Paper -1 psychological guidance

Students will be able to understand the concept of psychological guidance, its history and different approaches as well methods to record the cases.

Paper -2 counselling theories and techniques

Students will develop professional attitude by learning about the techniques of providing counselling in different areas with prevalance to different psychological issues.

#### Practicum

Paper-1 field exploration

Two months internship at different institutes like govt hopitals, mental hospitals, schools, NGOs' etc. The internship program provides them opportunity to experience the steps of counselling and applications of psychological therapies with hands on training.

## Paper -2 lab work

Construction of a psychological tool will provide the techniques of test construction for the assessment of psychological attributions and characteristics as well understanding the basics to diagnose sychological issues like shyness, emotional abuse, job anxiety etc.

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